



## **Junior Senior High School Breakfast Bar-Cafeteria Line**

***Join Us For Breakfast***

### **Available Daily to Build a Breakfast**

Variety of Cereal Bars  
Whole Grain Pop Tart  
WG Donuts  
Variety of Cold Cereal  
Zee Zee Whole Grain Bar  
Low fat Yogurt

#### **Fruit:**

Fresh Fruit  
100% Fruit Juice

#### **Milk:**

Low Fat White Milk,  
**Non Fat Chocolate Milk**

### **Choose the Daily Specials:**

Monday: French Toast  
Tuesday: Egg & Cheese Breakfast Sandwich  
Wednesday: Pancakes or Waffles  
Thursday: Breakfast Pizza  
Friday: Cooks Choice

### **All meals must include a minimum of one fruit item (½ cup)**

*Menu subject to change due to availability*

*APW school district participates in the Community Eligibility Provision for the 2022-2023 school year. All enrolled students in our school district, regardless of income level, are eligible to receive a healthy school breakfast and school lunch at no charge each day.*